Address
Natural Healing College
8359 Elk Grove Florin Rd #103-316
Sacramento, CA 95829

Telephone: (209) 390-8076
Fax: (209) 390-8078
www.naturalhealingcollege.com
New Certificate Programs!!!
The goal with our certificate programs is twofold. First we understand that many people choose to study Holistic Wellness for personal and family wellness reasons so both the cost and time commitment of any diploma may not be realistic. We also understand that folk with degrees and diplomas want to take a few of our classes for continuing education. With our 2-5 class certificate programs we are striving to meet those needs and give you credits that you can use towards a diploma if and when you take the leap to any of our full diplomas.

Benefits of these shorter programs include
- Lower financial risk for folk nervous about online learning
- A greater ability to pick the classes you really want
- Any class you take that is part of a diploma lowers the cost of the diploma based on the credits you earn
- Best of all- there is no previous education requirement for many of our certificate programs
- Cost per credit is normally $54 per credit hour
- A $50 enrollment fee does apply. As we continue to roll out new certificates over the course of the coming months we will offer occasional, short term discounts, on specific, new programs. Detailed certificate curriculums start on Page 15

Holistic Home and Family certificate program
This 3 class certificate program delivers classes containing practical home wellness remedies and prevention plans in the areas of herbs vitamins and even nutrition! All of the credits earned can be used in multiple diploma programs.

Family Herbalist certificate program
The goal of this 3 class certificate program is to deliver broad based foundational knowledge of practical herbal applications for both personal and family purposes. All of the credits earned can be used in multiple diploma programs.

Family Nutritional Wellness certificate program
This three class certificate program offers classes where you will learn the use of vitamins, minerals, supplements and how to holistic approach nutrition to prevent and reverse symptoms for hundreds of illnesses, and chronic disorders.
NHC Diploma Programs

Ayurvedic Health Practitioner, AHP
This Program will prepare you to become an Ayurvedic Health Practitioner using the principles of Ayurvedic sciences with practical healing applications.

Holistic Health Practitioner, HHP
This Program will prepare you to become a Holistic Wellness Professional with the use of applied holistic health sciences, nutrition & alternative remedies.

Master Herbalist, MH
The Master Herbalist diploma program prepares you to be an herbal wellness practitioner and consultant. The classes you take here are also core classes for other programs such as Ayurvedic Health Practitioner or Holistic Health Practitioner. Credits from this Program will transfer to these advanced programs.

Nutritional Consultant, NC
This Program leads you on the path to become a Nutritional Consultant. You will obtain a deep understanding of Weight Management, Herbal Supplements, Anatomy Sports Nutrition and much more.

Holistic Cancer Consultant, HCC
This Program will prepare you to become a Cancer Wellness Professional with proven methods to support prevention and recovery from one of the 21st century's greatest threats to life.

Top 5 Reasons why students choose NHC
- Technologically Delivered Advanced Holistic Education
- Low Tuition, Flexible Payment Options
- Online Lectures, Lessons, and Instant Exam Results
- Textbooks by well-known Authorities in Holistic and Alternative Concepts
- Post Graduate and Internship Support
- Programs designed to help open your own business

Join The Trillion Dollar Health Industry!
This is your chance to leap into the Holistic Health world by offering holistic alternatives! Get started today!
- Open your own Holistic Health Practice
- Become a Nutritional Consultant, Spokesperson or Speaker
- Compound Herbal Supplements
- Own an Ayurvedic Health Practice
- Educate Holistic, Complimentary and Alternative Cancer Concepts
- Open or Manage a Health Spa and activities
- Own a Nutrition & Herbal Supplement Store
- Publish Holistic Medical Journals
- Author Books and Articles in Healthy Living
- Prevention & Holistic Alternatives
- Work with other Holistic Practitioners
- The possibilities are endless

Prospective Students:
A college education offers you a number of options. It can be the foundation you’ll need to pursue a challenging career or the background to further your knowledge.
Selecting the right holistic college that will help you prepare for these options is a decision that requires careful consideration. You have to first ask yourself what do you wish to achieve from an education and what are your goals.

Before you make that important decision, we would like you to learn more about what Natural Healing College has to offer you.

About Us:
Natural Healing College is a distance learning institute offering online, high quality, on demand, vocational education in the fields of Holistic Health Science. At NHC we have modeled our online classes to give individual one-on-one attention to every student in a dynamic computerized virtual environment from the convenience and comfort of your own home.

Students can monitor their academic performance in real-time. By eliminating the need to mail in papers, tests, and quizzes, you no longer have to wait weeks to find out results. Exams and Lessons are instantly graded and essays that you write receive personal online teacher comments twice a week!

NHC welcomes you to join our network of proactive learners, who are from a vast range of socio economic backgrounds in a collaborative online environment. All classes are offered online. All the class work is completed online where ever you have a computer and high speed Internet access.

California Bureau for Private Postsecondary Education
NHC is operating under exemption from licensees per state code- 94874(f)

Memberships
American Association of Drugless Practitioners Natural Healing College has achieved the AADP approval status; this means that the education that you earn through our programs are authorized and approved by a board of educators and professionals alike. NHC students who desire to be Board Certified Practitioners can immediately apply for board certification through the American Association of Drugless Practitioners following their graduation. Once you have achieved the necessary credits for graduation, instructions for application will be sent to you. Current and prospective students may contact us for more information at:
Contact: (888) 764-AADP, http://www.aadp.net/

American Naturopathic Certification Board has approved NHC’s graduates qualify for the ANCB’s national certification examination. With these exams, the NHC graduates of the Holistic Health Practitioner program & Nutritional Consultant program can now earn a designation Certified Holistic Health Practitioner and Certified in Nutritional Wellness.
Contact: (406) 543-6154, http://www.ancb.net/

American Council of Holistic Medicine (ACHM) gives its approval to NHC’s programs for Holistic Health Practitioner, Ayurvedic Health Practitioner, Nutritional Consultant, & Master Herbalist. Graduates are now eligible to apply for specialization, board certification & credentials.
Contact: (805) 644-2246, http://www.theachm.org/
You should note that these are independent agencies and neither they nor NHC is recognized as part of any higher education accreditation organization under United States Department of Education (USDE).

Diploma and Certifications
Natural Healing College is registered with the CA BPPE as a fully online vocational school.

We offer 2 kinds of programs.

Certificates
Short 2-3 class certificate programs for personal use or continuing educations units. The certificate programs are often completed in 2-4 months but we give you up to 6 months depending on the credit hours. Certificates alone will not prepare you for opening a practice or board certification.

Diplomas
We offer 5 different diplomas ranging from 8 classes (26 credits) to 15 classes (45 credits) The shortest diplomas can be completed in 4-6 months depending on you as a student setting your own schedule but you have up to one year to complete any diploma. All of our diploma programs are eligible for board certification through a number of independent Holistic Board certification bodies.

Students receive a diploma upon graduation from Master Herbalist, Nutritional Consultant, Holistic Health Practitioner, Specialist- Holistic Cancer Consultant, HCC or Ayurvedic Health Practitioner programs. Students completing a certificate program will be shipped a professional certificate. The greatest financial reward with diplomas of this type is found in private practice. A diploma or certificate from NHC credits our graduates with the highest professional standards. We teach our graduates skills to consult and teach wellness, and holistic nutrition information with great competence. A graduate of NHC should not be confused with a licensed medical doctor. NHC Students are training to become Wellness Consultants in specific disciplines. You cannot diagnose, prescribe or treat symptoms, defect, injury, or disease pursuant to California Business and Professional Code 2052. You can do wellness counseling or coaching as a wellness practitioner or consultant. Our use of the word “clinical” refers to working in a clinical environment and does not imply being a licensed doctor or practicing medicine. Students are responsible for determining the legal issues involved in conducting a holistic health or holistic nutrition practice in their state or locality. We recommend you contact your state or local government for legal interpretations as the laws differ from place to place.

Disclaimer
By enrolling in or otherwise affiliating with Natural Healing College, all system users agree to NHC terms and conditions. This catalog is subject to revision and change and is current as of 4/30/2014

Programs
We are pleased to offer 5 diploma programs and numerous certificate programs that are not only self-benefiting, but also intellectually stimulating and challenging.

Ayurvedic Health Practitioner (AHP)
Holistic Health Practitioner (HHP)
Master Herbalist (MH)
Nutritional Consultant (NC)
Holistic Cancer Consultant (HCC)

Top Ten Reasons Students Choose NHC
1. Technologically Delivered Advanced Holistic Education
2. Low Tuition, Flexible Payment Options
3. Online Lectures, Lessons and Instant Exam Results
4. Textbooks by well-known Authorities in Holistic and Alternative Concepts
5. Post Graduate and Internship Support
6. Quality in-depth and challenging education
7. Professional staff and teachers
8. Free online resources & tools
9. Online student/teacher interaction
10. Student forums and student interaction

Mission Statement:
Our mission is to advance knowledge of and educate the community about the importance of healthy living to improve the quality of life using Holistic health concepts aimed at balancing body, mind and spirit.

Goals:
Our goal is to deliver the best platform for holistic education and fully prepare future graduates of our programs to solve many modern wellness challenges. We choose to make a difference in our community through integration of holistic techniques and modern science concepts.

Vision
Our vision is to raise the standards in Holistic education and set future benchmarks in order to provide our students not only the best education, but also to give them the opportunity and credibility to enter the Holistic world with conviction and confidence. Beyond the personal satisfaction you'll experience helping others increase their longevity, and quality of life. Holistic health and wellness is a trillion dollar industry. Every year more educated, well off people are looking for alternative and holistic approaches to healing, disease prevention and holistic alternatives to other in harsh pharmaceutical drugs.

Non-Discrimination Policy
Natural Healing College provides full and equal employment opportunities to all qualified persons without regard to race, color, religion, sex, sexual orientation, national origin to prohibit discrimination in recruitment, employment or conditions of employment, including salary and benefits related thereto, to promote employment opportunity and to take affirmative action in this regard.

Affirmative Action means the elimination of existing discriminatory conditions whether purposeful or inadvertent. This non-discrimination policy applies to all persons.

30 Day Refund Policy:
NHC recognizes that sometimes applicants may sign up for a class without fully understanding what will be expected of them. The State of California requires a 7 day refund policy. We take that one step further. NHC has a 30 day refund policy. A student has a right to cancel the agreement and receive a refund, minus the US cover price of textbooks for any textbooks delivered, shipping charges incurred by NHC and a $50 enrollment fee, for 30 days after payment. Other conditions apply, such as proration based on class progress.

The student agrees to a 15-20 minute exit interview before billing can issue an actual refund. Exit interviews will be conducted by phone with a manager chosen by NHC. Exit interviews are conducted by appointment between 9am and 5pm PST on normal business days. All such refund requests should be addressed to refunds@naturalhealingcollege.com. All refund requests should include the student choice of time, day and the phone number they wish to be called at to conduct their exit interview.

These refund and cancellation policies represent a substantial change from past policies. These refund policies are effective August 25, 2013 and only affect students enrolling after that date. Students who previously enrolled should contact registrar@naturalhealingcollege.com for a copy of the refund policy that they were promised.
Holiday Schedules

2016
October 10, 2016  Columbus Day
November 11, 2016  Veterans Day
November 24, 2016  Thanksgiving Day
December 26**, 2016  Christmas Day

2017
January 1, 2017  New Year's Day
January 2, 2017  New Year's Day (observed)
January 16, 2017  Martin Luther King Day
February 20, 2017  Presidents' Day
May 29, 2017  Memorial Day
July 4, 2017  Independence Day
September 4, 2017  Labor Day
October 9, 2017  Columbus Day
November 10, 2017  Veterans Day (observed)
November 11, 2017  Veterans Day  Saturday
November 23, 2017  Thanksgiving Day
December 25, 2017  Christmas Day

*This holiday is designated as "Washington's Birthday" in section 6103(a) of title 5 of the United States Code, which is the law that specifies holidays for Federal employees. Though other institutions such as state and local governments and private businesses may use other names, it is our policy to always refer to holidays by the names designated in the law.

** December 25, 2016 (the legal public holiday for Christmas Day), falls on a Sunday. Monday, December 26, 2016 will be treated as a holiday for staff and students. (See section 3(a) of Executive order 11582, February 11, 1971.)

Transfer of Credit Policy:

NHC -to- NHC
Any NHC class can be transferred into other programs at NHC. Students that wish to continue to other programs that may have the same preliminary class or classes do not need to retake duplicated classes. You only pay for the credits needed!

Other Institutes -to- NHC
If you have attended another institute and you have decided that NHC is a good fit for you, NHC welcomes you to apply and request credit transfer to any of our programs. Credit transfer to NHC will be subject to review and evaluation of each Program completed with a C or above satisfactory grade, provided the Programs correspond in time and content to Programs offered at the Natural Healing College. Only classes that directly correlate to NHC curriculum are eligible for transfer. Please note that credit transfers are subject to a $25.00 per credit hour transfer fee, which covers the time and cost associated with evaluation of each class associated with the transfers. In case the credit is not accepted then the full credit evaluation fee is returned.

In compliance with current BPPE regulations credit acceptable for transfer purposes must be earned at a school approved by the Bureau for Private Postsecondary Institution or accredited by an accrediting association recognized by the U.S. Department of Education. For foreign institutions documentation of equivalency must be provided. Credits earned through USDE recognized testing like the CLEP or Dante’s are the only acceptable test out credits. ACE credit evaluations of college level work are accepted for transfer. No more than 75% of class credits from any non NHC source will be accepted for a program.

NHC does not accept credit transfers for experiential learning and does not offer ability-to-benefit services. Our credit transfer form is at
NHC -to- Other Institutes
NOTICE CONCERNING TRANSFERABILITY OF CREDITS AND CREDENTIALS EARNED AT OUR INSTITUTION

The transferability of credits you earn at Natural Healing College is at the complete discretion of an institution to which you may seek to transfer. Acceptance of the diploma you earn in Master Herbalist, Ayurvedic Health Practitioner, Holistic Health Practitioner, or Nutritional Consultant program is also at the complete discretion of the institution to which you may seek to transfer. If the credits or diploma that you earn at this institution are not accepted at the institution to which you seek to transfer, you may be required to repeat some or all of your class work at that institution. For this reason you should make certain that your attendance at this institution will meet your educational goals. This may include contacting an institution to which you may seek to transfer after attending Natural Healing College to determine if your credits or diploma will transfer.

Articulation Agreements
This institution has not entered into any transfer or articulation agreements with any other college or university.

Attendance Policy
Natural Healing College is a distance online learning college, thus allowing the classes to fit around your schedule. 3 class certificate programs have a 6 month.183 day time frame to complete.. All other programs have 1 year limits. Classes are self-paced with no strict attendance policy so setting yourself up on some sort of personal schedule and monitoring your own progress can be very, very important to completing your diploma program in a timely fashion.

Students who have the self-discipline to set a weekly schedule of 8-10 hours a week in the actual learning system, 2 writing assignment every week, and reading their textbooks offline typically complete a single diploma in 6-9 months but we do- by our contract with you- allow up to 1 year to complete any diploma and 6 months for certificates.

If you do not think you can commit the time to complete a diploma in one year or less do not sign up for a diploma! Start with a certificate instead! Because certificates are 6 months long and only 3 classes you can use the certificate system to extend your enrollment period at almost no cost difference.

If any government agency or an employer asks us to verify your status as a student you must be on a pattern of weekly logins. Part time is considered to be logging in and working 2-4 hours per week and completing 1 chapter/topic every 2 weeks. Full time is considered to be logging in more than 4 hours per week and completing 2 or more chapters/topics per week.

Payments
Payments can be made using a major credit card, personal check, or money order. Classes are offered and paid for either

- Under a 6 month payment plan
- Under a 12 month payment plan
- Payment in full

Financial Aid
NHC does not participate in Federal or State financial aid programs. NHC is not a title 4 school.

If a student obtains a loan to pay for an educational program, the student will have the responsibility to repay the full amount of the loan plus interest, less the amount of any refund, and if the student has received federal student financial aid funds, the student is entitled to a refund of money not paid from federal student financial aid program funds.

Consumer Disclosure
Natural Healing College has never filed for bankruptcy petition, operated as a debtor in possession or had a petition of bankruptcy filed against it under Federal law.
Admission Standards

All students who wish to enroll in any of our diploma programs must be at least 18 years of age, be a high school graduate, possess a General Education Development (GED) certificate or have completed any certificate program at NHC. After you enroll we will take care of obtaining proof of high school or GED. Do not send us any documents before you make payment.

International Students

International students, with no US educational background, are required to either complete a certificate program at NHC or have their previous education evaluated by an independent evaluator who is a member of NACES. That list is at http://www.naces.org/members.htm

Students for whom English is a second language will be required to submit official English test scores. The IELTS examination is accepted with a 7 or better band score (academic modules). TOEFL/TOEIC documents are accepted. The minimum accepted score for the TOEL is 80 for the Internet-based test and 550 for the paper-based test. TOEIC will require 550 or above. The IELTS examination is accepted with a 7 or better band score (academic modules).

If you studied outside the USA or a US territory evidence of high school graduation or equivalent must be presented to NHC in one of the following forms

- A NACES member evaluation of an original high school diploma
- A NACES member evaluation of a high school transcript indicating the date of high school graduation
- An official transcript from any USDE accredited high school, college or university indicating at least 6 earned college class credits

These documents will not be returned to the student and these submitted documents become the property of student records.
General Information for International Students

Natural Healing College does not offer visa services to prospective students from other countries or English language services. NHC does not offer English as a Second Language instruction. All instruction occurs in English.

International books and material- Due to past issues with customs and duties we don't ship any books or materials to non-US destinations. International students are responsible for arranging their own books. NHC will provide a book list and students can try to source the books from Amazon or other retailers before enrolling for the class, course or program. NHC will issue a refund for the books based on the actual US publisher's retail list price- to be determined on a book by book basis. In all the cases, the receiver is responsible for all the taxes, duties, customs and brokerage fee, if any.

International Graduation Packages- Due to past issues with international delivery international graduation packages are shipped USPS Global Express, flat rate document package, with tracking and signature required where available, at the student’s expense. Student cost will be the true shipping cost to their destination. These fees cannot be quoted in advance due to the fluctuating nature of such costs.

You must complete the Distance Learning Questionnaire and an International Application to determine if online learning is a good fit for you.

Distance Education Equipment Requirements

You must be comfortable and confident with basic computer tasks such as email, attaching files, using the Internet, and word processing. Students are required to have a desktop or laptop computer in their own home. PCs can use any Windows Vista or above operating system, Macs required operating system 9.1+ and OS X or better. Computers should have at least 1 GB RAM, and sufficient hard drive space to hold files. Computers must have sound card, speakers and a microphone. Students need a Broadband Internet connection such as Cable or DSL. An email address, not shared with spouse or family members is required. Accepted browsers are Internet Explorer 8 or better or Firefox current version. Other incidental software is required. Free download links for incidental software programs are provided in the online learning system.

If you're ready to start your new career with NHC, but are not sure which program is right for you, speak to one of our experienced admission counselors today. We will help you explore your interests, discover your talents and guide you in the right direction.

Telephone: (209) 390-8076 extension 111
Fax: (209) 390-8078
Email: registrar@naturalhealingcollege.com

You can start your certificate or diploma as soon as you make your first payment. We will order your books the day after you pay (Mon-Fri) and they typically arrive within 3 business days.

Student Complaints

Student complaints that are not resolved in normal channels should be addressed to our student affairs sc@naturalhealingcollege.com We will always do everything in our power to resolve any disputes that may arise. If you feel that the issue cannot be resolved via e-mail or a phone call from one of our staff, you can also write to the
Director of NHC:
Natural Healing College, LLC
8359 Elk Grove Florin Rd #103-316
Sacramento, CA 95829
As a prospective student, you are encouraged to review this catalog prior to enrollment.

**Submission Policy**
All of our Programs are online, real time and asynchronous. NHC’s online platform allows all of our students to review lessons, exams, and submit written assignments with the expectation of teacher responses twice weekly through our online learning environment. Even your final project is submitted in real time and manually graded in 10 days or less.

**Grading Assessment**
Completion of 70% or better is required to pass a class and continue to the next class. Evaluation is provided in real time so that a student can monitor their progress in real time.

<table>
<thead>
<tr>
<th>Grade</th>
<th>(%)</th>
<th>Average</th>
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</thead>
<tbody>
<tr>
<td>A</td>
<td>93-100</td>
<td>4.0 - 3.13</td>
</tr>
<tr>
<td>B</td>
<td>85-92</td>
<td>3.0 - 2.13</td>
</tr>
<tr>
<td>C</td>
<td>77-84</td>
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<tr>
<td>I</td>
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<td>0.0</td>
</tr>
<tr>
<td>W</td>
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<td>passed</td>
</tr>
<tr>
<td>US</td>
<td>N/A</td>
<td>unsatisfactory</td>
</tr>
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</table>

The word transfer appears beside the class name for any transferred credits.

**Student Classifications and Unsatisfactory Progress Procedures**
NHC has always been committed to working around your schedule. *We fully understand that we cater to working adults who need flexible schedules. The California Bureau for Private Postsecondary Education requires a student progress reporting system from all private schools for purposes of consumer protection. Our goal is to keep your schedule as flexible as you need it and to comply with these regulations.*

**Voluntary Leave**
If you *know* you are not going to be able to attend classes for more than 30 days visit [http://www.naturalhealingcollege.com/loa/](http://www.naturalhealingcollege.com/loa/) and fill out a request. Common reasons include personal or family health issues, economic distress, childcare issues and specific changes in situation like military deployment or job relocation. Properly requested Leave of absences are always granted but no single leave (*except medical leave with a doctor’s letter, military deployment or natural disaster*) is longer than 90 days. There is no reinstatement fee when you are ready to return to classes from voluntary leave.

**Suspended Leave**
If you *fail* to access any classes or turn in 2 graded activities for 30 days or more NHC you will are subject to suspension or expulsion. Fees will apply for re entry.

**Extensions**
Extensions are no longer available.

**Probation and Dismissal**
NHC Reserves the right to dismiss or implement probation for any student who is found to be guilty of plagiarism, failure to attend classes for 30 days, copyright violation or deliberate academic dishonesty in their program work.

**Graduation Requirements**
A student will be eligible for graduation upon meeting the following conditions:
1. Completed all required hours / semester credits
2. Received a 70% or better in all classes; and
3. Cleared all financial obligations.

**Student Services**
Continuous Improvement is one of the ethics codes we strictly adhere to. Our objective is to provide the student with education that will allow them to develop and reach their personal and professional goals so that they can achieve excellence. We take each and every student’s feedback, comments and suggestions seriously. If there is something on your mind that you would like to share with us, please email sc@naturalhealingcollege.com

Graduate Support
We offer support for graduates that are interested in obtaining experience in a holistic business environment. We offer letters of recommendation, diploma acquisition and more. We work with other holistic businesses around the continental USA to arrange for volunteer work and internship opportunities for our graduates giving them some hands-on experience. If you are a graduate and you would like to work in a holistic business in your community, let us know. No one, in any industry, can guarantee a job upon completion of any diploma or degree. We have no formal placement assistance program but we do offer both a plethora of 3rd party information and links to industry wholesalers, SBA resources, and information on everything from dressing for success, to out-of-the box ways to use the education you gained with us to generate income for a long, successful career. The truth is these diplomas are designed to prepare you to be a private practitioner in the field you are studying for.

Library
Textbooks for your classes are shipped once your payment clears. As an online school maintaining a physical library would be of little or no use to our students. We maintain an extensive library of eBooks, articles and links to published and publically available Holistic research in our Human Bean Coffee House “class” that is open to all students. Additional materials for both research and learning materials specific to each class are found in the actual individual online classes.

Internship Assistance/Volunteer Work
A limited number of internships are available after completion of full diploma programs. There are no internships offered after completing certificate programs. All internships opportunities are in the United States and are subject to availability. No educational visa services are available for interns. NHC graduates enjoy the ability to apply their education in a “hands on” environment with professionals in the holistic field to gain real life experience. We do not offer the work or internship; we simply facilitate the platform to bring the businesses and graduates together.
Contact us today about our Internship programs.
Telephone: (209) 390-8076 ext 111
Email: interns@naturalhealingcollege.com

Technical Support
Our dedicated technical support department can help you with account related or any other technical issues with the online student learning platform. The support department is either open or on call by phone 7 days a week from 10AM-4PM PST
Telephone: (209) 390-8076 extension 999
Email: support@naturalhealingcollege.com

Student Records
Student records will be maintained at the school site for five years from the last date of attendance. Transcripts are maintained permanently.

Semester Credit Hours
One semester credit hour is equivalent to 15 clock hours.

Conduct
Conduct for which students are subject to sanctions falls into academic dishonesty such as cheating, plagiarism, and sabotage.
Faculty members have a special obligation to expect high standards of academic honesty in all student work. Students have a special obligation to adhere to such standards.

**Housing**
As a 100% distance education program, National Healing College does not assume responsibility for student housing, does not have dormitory facilities under its control, nor offers student housing assistance. Rental properties within the United States can be found at rentals.com.
Certificate Curriculums
Certificate programs at Natural Healing College are short 2-3 class programs designed for both personal growth and to act as continuing education in holistic wellness and traditional medical professional fields.

There are no previous education requirements for our certificate programs. Credits earned in certificate programs can be transferred into any applicable NHC Professional diploma programs at no cost to our students.

Aromatherapies certificate program
Aromatherapy as a field has many applications in the holistic wellness industries, traditional medicine and is an industry unto its self. Practitioners massage therapists, cosmetic and soaps manufactures, even mental health practitioners all find practical applications for aromatherapy in their businesses. The NHC Foundations of Aromatherapy Certificate covers more than 200 wellness uses of essential and absolute oils as well as recipes and formulae. The goal of this certificate program is to deliver broad based foundational knowledge of practical aromatherapy applications for both personal and professional purposes.

This short certificate program is an excellent "toe in the water" for traditional healthcare professionals beginning to explore alternative health modalities. It is a powerful experience to understand how something as simple and natural as oil from a plant can promote balance in an anxious mind and act as a powerful antiseptic or antifungal. This class gives you the foundations that can allow you to offer alternatives to manmade drugs and chemicals. Understanding how aromatherapy brings about an extraordinary strengthening of the body's self-healing abilities is inspirational and empowering. There is no application or prerequisite to take this certificate program so you can enroll and get started when you are ready! $374.00 - Total Tuition and enrollment! This includes $50.00 enrollment fee, textbook & free shipping within the USA only.

<table>
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<tr>
<th>Class Code</th>
<th>Class Title</th>
<th>Clock Hours</th>
<th>Credit Hours</th>
<th>PR Class</th>
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<tbody>
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<td>OR014</td>
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<td>0</td>
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<tr>
<td>AR101</td>
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<td>90</td>
<td>6</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

* AHP=Ayurvedic Health Practitioner. HHP=Holistic Health Practitioner. MH=Master Herbalist. NC=Nutritional Consultant, HCC=Holistic Cancer Consultant, PR=prerequisite requirements

Crystal and Mineral healing certificate program
Based on the "Love is in the Earth" series, this certificate class focuses on the physical, emotional and therapeutic healing properties of hundreds of crystals stones and minerals. Crystal and Minerals have a long history of use for spiritual and physical healing but traditional medicine ignore or thinks of this area as ‘on the lighter side’ of alternative healing practices. That fact no withstanding practitioners massage therapists, cosmetic and soaps manufactures, even mental health practitioners all find practical applications for ‘crystal healing’ in their businesses. The goal of this certificate program is to deliver broad based foundational knowledge of practical crystal healing applications for both personal and professional purposes. If nothing else you will learn what the clamor is all about.

There is no application or prerequisite to take this certificate so you can enroll and get started when you are ready! $375.00 - Total Tuition and enrollment! This includes $50.00 enrollment fee, a set of healing stones, textbook & free shipping within the USA only.

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* AHP=Ayurvedic Health Practitioner. HHP=Holistic Health Practitioner. MH=Master Herbalist. NC=Nutritional Consultant
Family Herbalist Certificate Program
Our Family Herbalist Certificate program is designed to educate home herbalists on the uses of 100’s of herbs and their uses for family wellness, it will teach you how to make tinctures’, decoctions and use herbs in creative ways at home as well as educate you on potential interactions with vitamins and drugs. Some credits from this popular introductory certificate can, at no cost for transfer, be transferred to several of our Holistic Professional diploma programs.

There is no application or prerequisite to take this certificate program so you can enroll and get started when you are ready!

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*AHP=Ayurvedic Health Practitioner. HHP=Holistic Health Practitioner. MH=Master Herbalist, NC=Nutritional Consultant, HCC=Holistic Cancer Consultant, PR=prerequisite requirements

HM101 Essentials of Herbal Medicine In this 10 topic class you will discover the origins of herbal medicine and explore modern herbal applications. Learn how to store and use herbs for maximum effectiveness. Learn about delivery methods of herbs for wellness uses. Credits 4 - Clock Hours 60

MH310 Creating Herbal Medicines This 9 topic class is designed to educate you on the applications and delivery of herbal healing. You will learn about specific herbs and their uses for natural healing as well as specific ailments and their natural remedies. You will also discover formulas designed to aid herbal treatment and techniques and practices that compliment these remedies. Credits 3 - Clock Hours 45

HM301 Herb-Drug-Vitamin Interactions This 13 topic class is designed to teach you how herbs, drugs, and vitamins interact in the human body. The objective is not to advocate the use of a particular regimen of anything, but to give you the knowledge of how to use them all safely and responsibly. Credits 3 - Clock Hours 45

The total cost for Home Herbalist when paid in full is just $530! This total includes tuition, enrollment fees, books and shipping in USA

Holistic Home and Family certificate
This Program offers 3 of our top student rated classes in a single certificate. These 3 classes are designed to practical, easy to understand and implement holistic remedies for both self and family treatment, and a plethora of holistic living techniques to guide you to live in greater wellness.

<table>
<thead>
<tr>
<th>Class Code</th>
<th>Class Title</th>
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*AHP=Ayurvedic Health Practitioner. HHP=Holistic Health Practitioner. MH=Master Herbalist, NC=Nutritional Consultant, HCC=Holistic Cancer Consultant, PR=prerequisite requirements
Class Descriptions: Holistic Home and Family certificate program

HM102 Natural Alternatives to Allopathic Medicine
This class is designed to educate you about the advantages of using natural herbs and medicines for common ailments. You will discover the alternative remedies for specific diseases as well as go in depth on the healing properties of common herbs. Credits 3 - Clock Hours 45

NC301 Drug Free Remedies
In this class you will discover the elements of health, how everything in your environment and all the substances that you put in your body effect you and your wellbeing. Learn about various disorders and maladies that affect humans, how to identify disorders and provide both relief and remedies using a wide variety of natural methods. Credits 4 - Clock Hours 60

HP101 Dietary Wellness
Nutrition is an important part of health. This class will educate you on how to maximize your diet for your health by studying various types of foods, the nutrients they possess and how these nutrients affect the body. Credits 4 - Clock Hours 60

Class Descriptions: Family Nutritional Wellness certificate program

NC302 Vitamin Therapies
In this class you will learn what roles vitamins and minerals play in the body as well as the dangers of an inadequate or a surplus intake of vitamins and minerals. Also discover how vitamins can be used to aid the healing processes in the body. Credits 3 - Clock Hours 45

HF101 Food and Nutrition
In this class you will find what constitutes healthy and unhealthy foods, as well as suggestions for how to improve your over-all well being through diet at any age. Environment and all the substances that you put in your body affect you and your wellbeing. Learn about various disorders and maladies that affect humans, how to identify disorders and provide both relief and remedies using a wide variety of natural methods. Credits 4 - Clock Hours 60

NC301 Drug Free Remedies
In this class you will discover the elements of health, how everything in your environment and all the substances that you put in your body effect you and your wellbeing. Learn about various disorders and maladies that affect humans, how to identify disorders and provide both relief and remedies using a wide variety of natural methods. Credits 4 - Clock Hours 60

---

Family Nutritional Wellness
This Program offers 3 of our top student rated classes in a single certificate. These 3 classes are designed to practical, easy to understand and implement holistic remedies for both self and family treatment, and a plethora of holistic living techniques to guide you to live in greater wellness.

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Total 165 11

*AHP=Ayurvedic Health Practitioner. HHP=Holistic Health Practitioner. MH=Master Herbalist, NC=Nutritional Consultant, HCC=Holistic Cancer Consultant, PR=prerequisite requirements
Diplomas
Holistic Cancer Consultant

This diploma is a more advanced program designed for both continuing education units and advancement of professional knowledge in this highly demanded field. Whether your family or a client has a concern about cancer prevention or is making treatment decisions the most powerful tool they can be given is understanding of all of their options. The job of a holistic practitioner is often educating your clients in the wide spectrum of available modalities. From Causes and Diagnosis of Cancer, Prevention, Healing Support and Conventional Treatments, Nutrient and Herb Interactions with Conventional Cancer Treatments, Immune Systems, Hormonal Influence, to Digestion and Detoxification this diploma program arms you with the big picture and specifics to support your family and clients in their decisions.

If your business and practice plan includes community based public speaking this diploma uniquely prepares you to be in demand as an expert in this highly specialized field! Students are responsible for verifying if their own state or certification board will accept these credits as CEU's but we know most states and national boards look favorable upon our classes.

Program Information

Each Class is divided into textbook chapters or sections of chapters, where each division contains reading assignments, glossary words, one auto graded lesson, and short compositions. Every class contains numerous audio/video lectures, resources and learning aids. Each class contains a challenging open book auto scored midterm and final exam. All auto graded activities allow multiple retakes where only the highest score achieved is counted in your overall class average. The final class consists of an eBook, developing a business plan based on the area where you are going to open your business, designing the client intake paperwork you will use as well as client based research assignment project papers.

Classes, Credit Hours, Clock Hours and Prerequisites

Our Holistic Cancer Consultant diploma program will take approximately 6-8 months to complete, but you have up to one year to complete the Program.
Three Plans for the Ultimate Payment Flexibility!
What fits your wallet best?

Option 1: Just $1,742.00 covers online classes textbooks and US shipping
If you are making a full payment then you just pay $1,692 for tuition plus our normal $50 enrollment fee. We include your textbooks and shipping anywhere in the USA! Imagine- a full diploma, 13 online classes, real teachers and modern textbooks for just $1,742.00 total!

Payment Details

Option 2: Zero Interest 6 month Payment Plan $1,850
With this plan you pay $600 (1/3) down then make 6 monthly auto billed payments of $208.33 each. We will include and order all of your textbooks shipped anywhere in the USA and you can start classes the same day you make your down payment!

Payment Details

Option 3: Zero Interest 12 month Payment Plan $1,994
With this plan you pay $524 down then make 12 monthly auto billed payments of $122.50 each. We will include and order all of your textbooks shipped anywhere in the USA and you can start classes the same day you make your down payment!

Payment Details

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*There are different assignments in the final project for each diploma and every diploma requires it's own project.

*AHP=Ayurvedic Health Practitioner. HHP=Holistic Health Practitioner. MH=Master Herbalist, NC=Nutritional Consultant, HCC=Holistic Cancer Consultant

Class Descriptions: Holistic Cancer Consultant Curriculum 35 Credit Hours
Orientation- No Cost Immediately after paying your tuition and enrolling the first class you go into is orientation. In this 2-4 hour class you will find your student handbook, videos and other directions showing you how to complete normal tasks in the learning system. You should take this class within 1 or 2 days of enrollment. You have to pass this class to get into your first class.

**HS101 Foundations of Holistic Science** In this 10 topic class you will be introduced to the spectrum of alternative healing from detoxification therapy, diet, energy medicine, environmental medicine, enzyme therapy, flower essences, guided imagery, herbal medicine, hypnotherapy, light therapy, longevity medicine, magnetic field therapy, mind/body medicine, NAET, natural hormone replacement therapy, neural therapy, nutritional medicine, orthomolecular medicine, oxygen therapies, phototherapy, Qigong and Tai Chi, sound therapy, traditional Chinese medicine to yoga and much more! Every Holistic Health professional needs to develop at least a basic understanding of the concepts we will cover in this class and taking this class now assures you are choosing the right program to meet your personal goals. **Credits 3 Clock Hours 45**

**AP101 Anatomy and Physiology** In this 8 topic class you will study basic Human Anatomy and Physiology from a scientific prospective, gain an understanding of the in Skeletal System, Muscular System, Nervous System, Endocrine System, Lymph Immunity Systems, Digestive System, and practice communicating these concepts to lay people in short essays. **Credits 2 - Clock Hours 30**

**HC110 Foods to Fight Cancer** Cancer is one of the most misunderstood diseases in the world today. In this 20 topic class, you will learn how lifestyle changes and diet can greatly affect your chances of getting cancer and even help cure the disease if you already have it. **Credits 2 - Clock Hours 30**

**CE201 Integrative Cancer Part 1** In this 15 topic class we will cover Causes and Diagnosis of Cancer, Prevention, Healing Support and Conventional Treatments, Nutrient and Herb Interactions with Conventional Cancer Treatments, Immune Systems, Hormonal Influence, Digestion and Detoxification. This class is a more advanced class designed for both continuing education units and advancement of professional knowledge in this highly demanded field. **Credits 3 - Clock Hours 45**

**CE202 Integrative Cancer Part 2** Not all cancers are the same. How doctors and western medicine treat them is not the same. Neither should the ways holistic practitioners support and educate clients for cancer recovery and prevention. In this 24 topic class we will cover Specific Cancer Overviews, Bladder Cancer, Bone Cancer, Brain Cancer, Breast, Cervical Cancer, Colon Cancer, Esophageal Cancer, Gastric Cancer, Head and Neck Cancer, Kidney Cancer, Leukemia, Lymphoma, and Myeloma, Liver Cancer, Lung Cancer, Ovarian Cancer, Pancreatic Cancer, Prostrate Cancer, Sarcoma (Soft Tissue), Skin Cancer and Melanoma, Testicular Cancer, Thyroid Cancer and finally Uterine Cancer. **Credits 4 - Clock Hours 60**

**HC120 Alternative Cancer Remedies part 1** This 14 topic course goes into both complementary and alternative systems for cancer survival, quality of life support and specifics of prevention. We will begin by defining and how to evaluate Alternative Therapies then covers Drugs and Supplement Regulations, Mind Body and spirit therapies, Manual Healing and Physical Touch Therapies, as well as Herb Vitamins and Mineral Therapies in great depth and detail. **Credits 3 - Clock Hours 45**

**HC121 Alternative Cancer Remedies part 2** This 10 topic course covers the history, treatment methods, medical evidence and possible complications of over 20 Diet and Nutrition Therapies as well as over 30 Pharmacological and Biologic Therapies as used in Complementary and Alternative Cancer therapies. **Credits 3 - Clock Hours 45**

**NC225 Ph Diet and Cancer** 12 topics plus 1 bonus book We compared and analyzed various anti cancer/cancer healing diets including but not limited to Gershon Diet, the Daniel Diet, the bible diet and more. The single diet that seems to contain most of the elements of these diets is the Ph Diet. In this 12 topic class we will cover Defining Acidity, Detecting Acidification, Acidifying, Alkalizing, and Weak-acid, Classifying Acidification, Acidifying Meals and alternatives, Neutralizing and eliminating acids, Alkaline and other supplements, and Draining Acids. **Credits 3 - Clock Hours 45**

**HC101 Practical Home Care** 10 topics Clients will come to you as a practitioner seeking guidance, not just for their own issues but when a friend or family member is dealing with cancer diagnosis or treatment. This class is designed to prepare you to guide both clients with the disease and their family through Managing Care (traditional and complimentary) Emotional Responses, Physical Side Affects, Long Term Side Affects, Palliative Care, Treatments, Trails and Food Safety. **Credits 3 - Clock Hours 45**

**HB301 Setting up a Practice and Final Project Credits** The final class consists of an eBook, developing a business plan based on the area where you are going to open your business, designing the client intake paperwork you will use as well as client with cancer issues based research assignment project papers. **Credits 5 Clock Hours 75**
Holistic Health Practitioner Diploma Program Curriculum
The HHP Program will give you a foundation that will support your personal growth and enable you to educate others in life supporting principles. You will learn practical applications of medicinal herbs for disease prevention, disease therapies along with natural alternatives to over-the-counter and prescription drugs.

This Program will teach you the principles to become a Holistic Health Practitioner in today’s health world. The material in the Program will also provide you applied knowledge on how to properly and safely recommend vitamin or herbal therapies for various diseases and disorders from a Holistic perspective. This distance learning program and succeeding optional volunteer internship opportunity will prepare you for serving your community as a Holistic Health Practitioner.

Program Information
Each Class is divided into textbook chapters or sections of chapters, where each division contains reading assignments, glossary words, one auto graded lesson, and short compositions. Every class contains numerous audio/video lectures and resources and learning aids. All classes contain a challenging open book auto scored midterm and final exam. All auto graded activities allow multiple retakes where only the highest score achieved is counted in your overall class average. The final class consists of an eBook, developing a business plan based on the area where you are going to open your business, designing the client intake paperwork you will use as well as client based research assignment project papers.

HHP Classes, Credit Hours, Clock Hours and Prerequisites
The Holistic Health Practitioner Program will take approximately 6-10 months to complete assuming you are working 4-6 hours per day on business days you can actually do all the work and graduate in under 6 months. Work at your own pace- you have one year to complete your diploma.

Three Plans for the Ultimate Payment Flexibility!
What fits your wallet best?

Option 1: Just $2,024 covers online classes textbooks and US shipping
If you are making a full payment then you just pay $1,974 for tuition plus our normal $50 enrollment fee. We include your textbooks and shipping anywhere in the USA! Imagine- a full diploma, 13 online classes, real teachers and modern textbooks for just $2,024 total

Payment Details

Option 2: Zero Interest 6 month Payment Plan $2,150
With this plan you pay $710 (1/3) down then make 6 monthly auto billed payments of $240 each. We will include and order all of your textbooks shipped anywhere in the USA and you can start classes the same day you make your down payment!

Payment Details

Option 3: Zero Interest 12 month Payment Plan $2,318
With this plan you pay $568 down then make 12 monthly auto billed payments of $145.50 each. We will include and order all of your textbooks shipped anywhere in the USA and you can start classes the same day you make your down payment!

Payment Details

If paying by check or money order, call us at (209) 390-8076 extension 111
Transfer your Credits! If you are an existing student of NHC, or if you took A and P at a US Department of Education Accredited school call us about transferring your credits to this program.

Get Started today! Your exciting and profitable future starts tomorrow!

The following table represents the Holistic Health Practitioner Class order.

### HHP Classes, Credit Hours, Clock Hours and Prerequisites

The following table represents the Holistic Health Practitioner Class order.

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*There are different assignments in the final project for each diploma and every diploma requires its own project.

### Class Descriptions: Holistic Health Practitioner Program (HHP)

**Orientation- No Cost**

Immediately after paying your tuition and enrolling the first class you go into is orientation. In this 2-4 hour class you will find your student handbook, videos and other directions showing you how to complete normal tasks in the learning system. You should take this class within 1 or 2 days of enrollment. You have to pass this class to get into your first class.

**HS101 Foundations of Holistic Science** In this 10 topic class you will be introduced to the spectrum of alternative healing from detoxification therapy, diet, energy medicine, environmental medicine, enzyme therapy, flower essences, guided imagery, herbal medicine, hypnotherapy, light therapy, longevity medicine, magnetic field therapy, mind/body medicine, NAET, natural hormone replacement therapy, neural therapy, nutritional medicine, orthomolecular medicine, oxygen therapies, phototherapy, Qigong and Tai Chi, sound therapy, traditional Chinese medicine to yoga and much more! Every Holistic Health professional needs to develop at least a basic understanding of the concepts we will cover in this class and taking this class now assures you are choosing the right program to meet your personal goals. **Credits 3 Clock Hours 45**

**AP101 Anatomy and Physiology** In this 8 topic class you will study basic Human Anatomy and Physiology from a scientific prospective, gain an understanding of the in Skeletal System, Muscular System, Nervous
System, Endocrine System, Lymph Immunity Systems, Digestive System, and practice communicating these concepts to lay people in short essays. **Credits 2 - Clock Hours 30**

**HM101 Essentials of Herbal Medicine** In this class you will discover the origins of herbal medicine and explore its applications today. Learn how to store and use herbs for maximum effectiveness. Learn about hundreds of herbs and their uses. **Credits 4 - Clock Hours 60**

**HM102 Natural Alternatives to Allopathic Medicine** This class is designed to educate you about the advantages of using natural herbs and medicines for common ailments. You will discover the alternative remedies for specific diseases as well as go in depth on the healing properties of common herbs. **Credits 3 - Clock Hours 45**

**NC301 Drug Free Remedies** In this class you will discover the elements of health, how everything in your environment and all the substances that you put in your body effect you and your wellbeing. Learn about various disorders and maladies that affect humans, how to identify disorders and provide both relief and remedies using a wide variety of natural methods. **Credits 4 - Clock Hours 60**

**HP203 Alternative Medicine Treatments** In this class you will go into depth about the wide range of alternative methods used for healing. This class covers more than 150 specific diseases and what alternative therapies are effective treatments each specific ailment. **Credits 3 - Clock Hours 45**

**DT102 Internal Cleansing & Detoxification** In this class you will study how common foods and environmental factors have toxins that can build up in the body and affect health. Discover how to cleanse your system of these toxins and then how to eat to avoid letting them build up in your body again. **Credits 3 - Clock Hours 45**

**HP301 Understanding Disease & Treatments Part 1** In this class you will study in depth about disease and how it affects the body. You will learn how to spot illness, how to identify which disease it is, what causes the disease, and how it is traditionally treated. Learn about the many variables, not just of the disease, and how it can affect you, but about different treatments and the precautions that should be taken depending on the client's circumstances. **Credits 4 - Clock Hours 60**

**HP301 Understanding Disease & Treatments Part 2** In this class you will study in depth about disease and how it affects the body. You will learn how to spot illness, how to identify which disease it is, what causes the disease, and how it is traditionally treated. Learn about the many variables, not just of the disease, and how it can affect you, but about different treatments and the precautions that should be taken depending on the client's circumstances. **Credits 4 - Clock Hours 60**

**HP101 Dietary Wellness** Nutrition is an important part of health. This class will educate you on how to maximize your diet for your health by studying various types of foods, the nutrients they possess and how these nutrients affect the body. **Credits 4 - Clock Hours 60**

**HM301 Herb-Drug-Vitamin Interactions** This class is designed to teach you how herbs, drugs, and vitamins interact in the human body. The objective is not to advocate the use of a particular regimen of anything, but to give you the knowledge of how to use them all safely and responsibly. **Credits 3 - Clock Hours 45**

**HB301 Setting up a Practice and Final Project Credits** The final class consists of an eBook, developing a business plan based on the area where you are going to open your business, designing the client intake paperwork you will use as well as client based research assignment project papers. **Credits 5 Clock Hours 75**
Master Herbalist Diploma Program Curriculum
The Master Herbalist Program will provide you applied knowledge on how to properly and safely work with vitamin or herb therapies for various diseases and disorders from a Holistic perspective. This Program will teach you the principles of applying Holistic Health Science in today’s health world. You will also experience practical applications of medicinal herbs for disease prevention, disease therapies and natural alternatives to over-the-counter or prescription drugs. The material in the Program will give you a foundation that will support your personal growth and enable you to educate others in these life supporting principles. This distance learning program and succeeding optional volunteer internship opportunity will prepare you for serving your community as a Master Herbalist.

Program Information
Each Class is divided into textbook chapters or sections of chapters, where each division contains reading assignments, glossary words, one auto graded lesson, and short compositions. Every class contains numerous audio/video lectures and resources and learning aids. All classes contain a challenging open book auto scored midterm and final exam. All auto graded activities allow multiple retakes where only the highest score achieved is counted in your overall class average. The final class consists of an eBook, developing a business plan based on the area where you are going to open your business, designing the client intake paperwork you will use as well as client based research assignment project papers.

Classes, Credit Hours, Clock Hours and Prerequisites
The Master Herbalist program will take approximately 4-9 months to complete, assuming you are working 4-6 hours per day on business days you can actually do all the work and graduate in under 6 months. Work at your own pace- you have up to one year to complete the your diploma.

Three Plans for the Ultimate Payment Flexibility!
What fits your wallet best?

Option 1: Just $1,272 covers online classes textbooks and US shipping
If you are making a full payment then you just pay $1,222 for tuition plus our normal $50 enrollment fee. We include your textbooks and shipping anywhere in the USA! Imagine- a full diploma, 8 online classes, real teachers and modern textbooks for this cost!

Payment Details

Option 2: Zero Interest 6 month Payment Plan $1,350
With this plan you pay $450 (1/3) down then make 6 monthly auto billed payments of $150 each. We will include and order all of your textbooks shipped anywhere in the USA and you can start classes the same day you make your down payment!

Payment Details

Option 3: Zero Interest 12 month Payment Plan $1,454
With this plan you pay $398 down then make 12 monthly auto billed payments of $97 each. We will include and order all of your textbooks shipped anywhere in the USA and you can start classes the same day you make your down payment!

Payment Details
MH Classes, Credit Hours

The following table represents the Master Herbalist Class order.

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<th>Credit Transfers To</th>
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<td>ALL</td>
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<td>Foundations of Holistic Science</td>
<td>3</td>
<td>ALL</td>
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<td>HM101</td>
<td>Essentials of Herbal Medicine</td>
<td>4</td>
<td>MH, AHP, HHP</td>
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<td>MH, AHP, HHP</td>
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<td>AP101</td>
<td>Anatomy and Physiology</td>
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<td>MH310</td>
<td>Creating Herbal Medicines</td>
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<td>HB301</td>
<td>Setting up Practice (capstone class*)</td>
<td>5</td>
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</table>

*There are different assignments in the final project for each diploma and every diploma requires it's own project.

Class Descriptions: Master Herbalist Program

Orientation- No Cost
Immediately after paying your tuition and enrolling the first class you go into is orientation. In this 2-4 hour class you will find your student handbook, videos and other directions showing you how to complete normal tasks in the learning system. You should take this class within 1 or 2 days of enrollment. You have to pass this class to get into your first class.

Orientation- No Cost
Immediately after paying your tuition and enrolling the first class you go into is orientation. In this 2-4 hour class you will find your student handbook, videos and other directions showing you how to complete normal tasks in the learning system. You should take this class within 1 or 2 days of enrollment. You have to pass this class to get into your first class.

Each Class is divided into textbook chapters or sections which will henceforth be referred to as topics. Each topic contains reading assignments, glossary words, one auto graded lesson, and short compositions. Every class contains numerous audio/video lectures, resources and learning aids. All classes contain a challenging open book auto scored midterm and final exam. All auto graded activities allow multiple retakes where only the highest score achieved is counted in your overall class average.

**HS101 Foundations of Holistic Science** In this 10 topic class you will be introduced to the spectrum of alternative healing from detoxification therapy, diet, energy medicine, environmental medicine, enzyme therapy, flower essences, guided imagery, herbal medicine, hypnotherapy, light therapy, longevity medicine, magnetic field therapy, mind/body medicine, NAET, natural hormone replacement therapy, neural therapy, nutritional medicine, orthomolecular medicine, oxygen therapies, phototherapy, Qigong and Tai Chi, sound therapy, traditional Chinese medicine to yoga and much more! Every Holistic Health professional needs to develop at least a basic understanding of the concepts we will cover in this class and taking this class now assures you are choosing the right program to meet your personal goals. **Credits 3 Clock Hours 45**

**AP101 Anatomy and Physiology** In this 8 topic class you will study basic Human Anatomy and Physiology from a scientific prospective, gain an understanding of the in Skeletal System, Muscular System, Nervous System, Endocrine System, Lymph Immunity Systems, Digestive System, and practice communicating these concepts to lay people in short essays. **Credits 2 - Clock Hours 30**
**HM101 Essentials of Herbal Medicine** In this 10 topic class you will discover the origins of herbal medicine and explore modern herbal applications. Learn how to store and use herbs for maximum effectiveness. Learn about hundreds of herbs and their wellness uses. **Credits 4 - Clock Hours 60**

**HM102 Natural Alternatives to Allopathic Medicine** This 11 topic class is designed to educate you about the advantages of using natural herbs and medicines for common ailments. You will discover the alternative remedies for specific diseases as well as go in depth on the healing properties of common herbs. **Credits 3 - Clock Hours 45**

**MH310 Creating Herbal Medicines** This 9 topic class is designed to educate you on the fundamentals of herbal healing. You will learn about specific herbs and their uses for natural healing as well as specific ailments and their natural remedies. You will also discover formulas designed to aid herbal treatment and techniques and practices that compliment these remedies. **Credits 3 - Clock Hours 45**

**MH301 Therapeutic Herbalism: Theory and Practice** In this 15 topic class the basics for preparations of herbal medicines are covered. You will learn how to choose what herbs to use, how to prepare them, and how to administer them for maximum effect. **Credits 3 - Clock Hours 45**

**HM301 Herb-Drug-Vitamin Interactions** This 13 topic class is designed to teach you how herbs, drugs, and vitamins interact in the human body. The objective is not to advocate the use of a particular regimen of anything, but to give you the knowledge of how to use them all safely and responsibly. **Credits 3 - Clock Hours 45**

**HB301 Setting up a Practice and Final Project Credits** The final class consists of an eBook, developing a business plan based on the area where you are going to open your business, designing the client intake paperwork you will use, personal herb journal pages, as well as client based research assignment project papers **Credits 5 Clock Hours 75**

**Nutritional Consultant Diploma Program Curriculum**

The Nutritional Consultant Program will also provide you with applied knowledge on how to properly and safely work with whole foods, wellness nutrition, vitamin or herb therapies for various diseases and disorders from a Holistic perspective.

This Program will teach you the principles of applying Holistic Nutrition in today’s health world. As study our Nutritional Consultant program, you will be served with a deep understanding of Weight Management, Healthy Diets, Herbal Supplements, Anatomy, Sports Nutrition and much more.

The material in the Program will give you a foundation that will support your personal growth and enable you to educate others in these life supporting principles.

**Program Information**

Each Class is divided into textbook chapters or sections of chapters, where each division contains reading assignments, glossary words, one auto graded lesson, and short compositions. Every class contains numerous audio/video lectures and resources and learning aids. Each class contains a challenging open book auto scored midterm and final exam. All auto graded activities allow multiple retakes where only the highest score achieved is counted in your overall class average. The final class consists of an eBook, developing a business plan based on the area where you are going to open your business, designing the client intake paperwork you will use as well as client based research assignment project papers.

**Classes, Credit Hours, Clock Hours and Prerequisites**

Nutritional Consultant Program will take approximately 6-10 months to complete, but you have up to one year to complete your diploma.
Three Plans for the Ultimate Payment Flexibility!
What fits your wallet best?

Option 1: Just $2,165 covers online classes textbooks and US shipping
If you are making a full payment then you just pay $2,115 for tuition plus our normal $50 enrollment fee. We include your textbooks and shipping anywhere in the USA! Imagine- a full diploma, 15 online classes, real teachers and modern textbooks for this cost!

Payment Details

Option 2: Zero Interest 6 month Payment Plan $2,296
With this plan you pay $760 (1/3) down then make 6 monthly auto billed payments of $256 each. We will include and order all of your textbooks shipped anywhere in the USA and you can start classes the same day you make your down payment!

Payment Details

Option 3: Zero Interest 12 month Payment Plan $2,480
With this plan you pay $584 down then make 12 monthly auto billed payments of $158 each. We will include and order all of your textbooks shipped anywhere in the USA and you can start classes the same day you make your down payment!

Payment Details

If paying by check or money order, call us at (209) 390-8076 extension 111

NC Classes, Credit Hours, Clock Hours and Prerequisites
The following table represents the Nutritional Consultant Class order.

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<td>HS101</td>
<td>Foundations of Holistic Science</td>
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</tr>
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<td>NC302</td>
<td>Vitamin Therapies</td>
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<tr>
<td>HF101</td>
<td>Food and Nutrition</td>
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<td>NC301</td>
<td>Drug Free Remedies</td>
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<td>AP101</td>
<td>Anatomy and Physiology</td>
<td>2</td>
<td>ALL</td>
</tr>
<tr>
<td>HC110</td>
<td>Foods to Fight Cancer</td>
<td>2</td>
<td>NC</td>
</tr>
<tr>
<td>HF102</td>
<td>Nutrition for Life &amp; Weight Mngmt</td>
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<td>NC</td>
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<tr>
<td>HM103</td>
<td>Vitamins, Herbs, Minerals, &amp; Supplements</td>
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<td>HC111</td>
<td>The Worlds Healthiest Foods</td>
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<td>Raw Foods</td>
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<td>DT101</td>
<td>Detoxification &amp; Diet</td>
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<td>HH110</td>
<td>Fitness &amp; Health</td>
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<tr>
<td>HM301</td>
<td>Herb-Drug-Vitamin Interactions</td>
<td>3</td>
<td>ALL</td>
</tr>
<tr>
<td>HB301</td>
<td>Setting up Practice (capstone class*)</td>
<td>5</td>
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*There are different assignments in the final project for each diploma and every diploma requires it's own project.
Class Descriptions: Nutritional Consultant Program (NC)

Orientation- No Cost

Immediately after paying your tuition and enrolling the first class you go into is orientation. In this 2-4 hour class you will find your student handbook, videos and other directions showing you how to complete normal tasks in the learning system. You should take this class within 1 or 2 days of enrollment. You have to pass this class to get into your first class.

HS101 Foundations of Holistic Science
In this 10 topic class you will be introduced to the spectrum of alternative healing from detoxification therapy, diet, energy medicine, environmental medicine, enzyme therapy, flower essences, guided imagery, herbal medicine, hypnotherapy, light therapy, longevity medicine, magnetic field therapy, mind/body medicine, NAET, natural hormone replacement therapy, neural therapy, nutritional medicine, orthomolecular medicine, oxygen therapies, phototherapy, Qigong and Tai Chi, sound therapy, traditional Chinese medicine to yoga and much more! Every Holistic Health professional needs to develop at least a basic understanding of the concepts we will cover in this class and taking this class now assures you are choosing the right program to meet your personal goals. Credits 3 - Clock Hours 45

AP101 Anatomy and Physiology
In this 8 topic class you will study basic Human Anatomy and Physiology from a scientific prospective, gain an understanding of the in Skeletal System, Muscular System, Nervous System, Endocrine System, Lymph Immunity Systems, Digestive System, and practice communicating these concepts to lay people in short essays. Credits 2 - Clock Hours 30

NC302 Vitamin Therapies
In this class you will learn what roles vitamins and minerals play in the body as well as the dangers of an inadequate or a surplus intake of vitamins and minerals. Also discover how vitamins can be used to aid the healing processes in the body. Credits 3 - Clock Hours 45

HF101 Food and Nutrition
In this class you will find what constitutes healthy and unhealthy foods, as well as suggestions for how to improve your over-all well being through diet at any age. Credits 4 - Clock Hours 60

NC301 Drug Free Remedies
In this class you will discover the elements of health, how everything in your environment and all the substances that you put in your body effect you and your wellbeing. Learn about various disorders and maladies that affect humans, how to identify disorders and provide both relief and remedies using a wide variety of natural methods. Credits 4 - Clock Hours 60

HC110 Foods to Fight Cancer
Cancer is one of the most misunderstood diseases in the world today. In this course, you will learn how lifestyle changes and diet can greatly affect your chances of getting cancer and even help cure the disease if you already have it. Credits 2 - Clock Hours 30

HF102 Nutrition for Life & Weight Mgmt
Learn how to assess lifestyle and nutritional choices, then discover the elements of a healthy diet and how to work them into your client’s life. Find out how to manage weight through diet and how food can be used as a medicine. Credits 3 - Clock Hours 45

HM103 Vitamins, Herbs, Minerals & Supplements
Providing in depth study of vitamins, herbs, minerals and supplements this class supplies vast amounts of information. Learn about hundreds of specific sources and go into detail about everything from the effects they have on the body to how they interact with other substances. Credits 3 - Clock Hours 45

HC111 The Worlds Healthiest Foods
In this class you will learn why certain foods are healthier than others. You will discover about the nutrients that healthy foods provide and which foods provide the maximum amount vital nutrients you need without unhealthy extra fats and sugars. Learn how to incorporate these foods into your diet without sacrificing flavor or time. Credits 4 - Clock Hours 60

HF201 Raw Foods
In this course you will learn about preparing and consuming raw foods in for a balanced raw vegan diet. Learn the benefits and dangers of the vegan diet and educate yourself on how to stay healthy while eating vegan. Credits 3 - Clock Hours 45

DT102 Internal Cleansing & Detoxification
In this class you will study how common foods and environmental factors have toxins that can build up in the body and affect health. Discover how to cleanse your system of these toxins and then how to eat to avoid letting them build up in your body again. Credits 3 - Clock Hours 45

HH110 Fitness and Health
Discover how to achieve the maximum benefits of physical activity. This sixth edition of Fitness & Health is your guide to both a deeper understanding of the exercise health relationship and a map for meeting your individual needs and goals. The book clearly explains how the body responds to physical activity, why physical activity is so beneficial to health, and the way in which physical activity enhances these areas of fitness:- Aerobic and Muscular Fitness- Weight Control- Performance in Work and Sport- Energy and Vitality. Credits 2 - Clock Hours 30
HM301 Herb-Drug-Vitamin Interactions  This class is designed to teach you how herbs, drugs, and vitamins interact in the human body. The objective is not to advocate the use of a particular regimen of anything, but to give you the knowledge of how to use them all safely and responsibly. **Credits 3 - Clock Hours 45**

HB301 Setting up a Practice and Final Project Credits  The final class consists of an eBook, developing a business plan based on the area where you are going to open your business, designing the client intake paperwork you will use as well as client based research assignment project papers. **Credits 5 Clock Hours 75**
Ayurvedic Health Practitioner Diploma Curriculum

The Ayurvedic Health Practitioner Program will provide you applied knowledge on how to properly and safely work with vitamin or herb therapies for various diseases and disorders from Ayurvedic perspectives. If you already have a practice, are involved in teaching of eastern practices like yoga or have a holistic business this program can be an amazing addition to either. This is a highly specialized program and not suggested for students just starting in the holistic fields. If you are just starting in this field we suggest considering the Master Herbalist diploma first. All of those credits are fully transferable to the Ayurvedic Health Practitioner Program. (See Transfer of Credit Policy: NHC -to- NHC for details)

This Program will teach you the principles of Ayurvedic wellness practices. You will also learn practical applications of medicinal herbs for disease prevention, disease therapies along with natural alternatives to over-the-counter and prescription drugs.

Program Information
Each Class is divided into textbook chapters or sections of chapters which will henceforth be referred to as topics. Each topic contains reading assignments, glossary words, one auto graded lesson, and short compositions. Every class contains numerous audio/video lectures, resources and learning aids. All classes contain a challenging open book auto scored midterm and final exam. All auto graded activities allow multiple retakes where only the highest score achieved is counted in your overall class average.

Classes, Credit Hours, Clock Hours and Prerequisites
The Ayurvedic Health Practitioner program will take approximately 6-10 months to complete, assuming you are working 4-6 hours per day on business days you can actually do all the work and graduate in under 6 months. Work at your own pace- you have 2 years to complete your diploma.
Three Plans for the Ultimate Payment Flexibility!
What fits your wallet best?

Option 1: Just $2,165 covers online classes textbooks and US shipping
If you are making a full payment then you just pay $2,115 for tuition plus our normal $50 enrollment fee. We include your textbooks and shipping anywhere in the USA! Imagine- a full diploma, 15 online classes, real teachers and modern textbooks for this cost!

Payment Details

Option 2: Zero Interest 6 month Payment Plan $2,296
With this plan you pay $760 (1/3) down then make 6 monthly auto billed payments of $256 each. We will include and order all of your textbooks shipped anywhere in the USA and you can start classes the same day you make your down payment!

Payment Details

Option 3: Zero Interest 12 month Payment Plan $2,480
With this plan you pay $584 down then make 12 monthly auto billed payments of $158 each. We will include and order all of your textbooks shipped anywhere in the USA and you can start classes the same day you make your down payment!

Payment Details

If paying by check or money order, call us at (209) 390-8076 extension 111

Class Descriptions: Ayurvedic Health Practitioner Program (AHP)

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<td>HM102</td>
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<td>Secrets of the Pulse</td>
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<td>Ayurvedic Cooking Westerners</td>
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</tbody>
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*There are different assignments in the final project for each diploma and every diploma requires it's own project.

## Orientation- No Cost
Immediately after paying your tuition and enrolling the first class you go into is orientation. In this 2-4 hour class you will find your student handbook, videos and other directions showing you how to complete normal tasks in the learning system. You should take this class within 1 or 2 days of enrollment. You have to pass this class to get into your first class.

Each Class is divided into textbook chapters or sections which will henceforth be referred to as topics. Each topic contains reading assignments, glossary words, one auto graded lesson, and short compositions. Every class contains numerous audio/video lectures, resources and learning aids. All classes contain a challenging open book auto scored midterm and final exam. All auto graded activities allow multiple retakes where only the highest score achieved is counted in your overall class average.

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<th>Description</th>
<th>Credits</th>
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<td>HS101</td>
<td>Foundations of Holistic Science</td>
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<td>In this 8 topic class you will study basic Human Anatomy and Physiology from a scientific prospective, gain an understanding of the in Skeletal System, Muscular System, Nervous System, Endocrine System, Lymph Immunity Systems, Digestive System, and practice communicating these concepts to lay people in short essays.</td>
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<td>30</td>
</tr>
<tr>
<td>HM101</td>
<td>Essentials of Herbal Medicine</td>
<td>In this 10 topic class you will discover the origins of herbal medicine and explore modern herbal applications. Learn how to store and use herbs for maximum effectiveness. Learn about hundreds of herbs and their wellness uses.</td>
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<td>HM102</td>
<td>Natural Alternatives to Allopathic Medicine</td>
<td>This 11 topic class is designed to educate you about the advantages of using natural herbs and medicines for common ailments. You will discover the alternative remedies for specific diseases as well as go in depth on the healing properties of common herbs.</td>
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<td>45</td>
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<td>45</td>
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<td>In this 15 topic class the basics for preparations of herbal medicines are covered. You will learn how to choose what herbs to use, how to prepare them, and how to administer them for maximum effect.</td>
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<td>45</td>
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<td>Herb-Drug-Vitamin Interactions</td>
<td>This 13 topic class is designed to teach you how herbs, drugs, and vitamins interact in the human body. The objective is not to advocate the use of a particular regimen of anything, but to give you the knowledge of how to use them all safely and responsibly.</td>
<td>3</td>
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<tr>
<td>AY101</td>
<td>Ayurveda Fundamental Principles</td>
<td>In this class you will study the basics and principals of Ayurveda. This includes the basic history on Ayurveda and how the body functions on a subatomic level. This will provide an overview of the subject and prepare you for subsequent Ayurvedic classes, which will approach the material in more depth.</td>
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<td>60</td>
</tr>
<tr>
<td>AY202</td>
<td>Practical Assessment</td>
<td>This class is designed to take you deeper into the field of Ayurveda. Learn how all the different elements and energies in the human body work together to create a balance. Discover the techniques of Ayurveda and how to use them to determine the root cause of discomfort and disease and how things can be put right again inside the body.</td>
<td>4</td>
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HM104 The Yoga of Herbs-This class is designed to educate you on how herbs are an important part of Ayurvedic treatment. Learn about what herbs are effective for which treatments as well as preparations for herbs in the Ayurvedic system. **Credits 2 - Clock Hours 30**

HH101 Perfect Health In this class, you will learn how the body is not as simple as it appears. Learn how the quantum universe affects your body and how we can tap into the quantum level and intervene to create balance and health. Learn how to identify your body type and what that means, and how to tailor your lifestyle to best suit your body type so that you can achieve perfect health. **Credits 2 - Clock Hours 30**

AY110 Ayurvedic Yoga Therapy In this class you will study how Yoga and Ayurveda are two parts of a whole, and how by practicing the two together you can achieve total wellness of bodily health and spiritual peace. **Credits 2 - Clock Hours 30**

AY102 Secrets of the Pulse This class is designed so that you can learn the art of Ayurvedic pulse diagnosis. Learn how to take a pulse, the seven levels of pulse, and all of the other details that you can discover with these techniques. Learn how to use the pulse to determine the root causes of client issues. **Credits 2 - Clock Hours 30**

HC112 Ayurvedic Cooking for Westerners Learn to practice the concepts of Ayurveda in the kitchen. Discover how diet affects your body's doshas and can either create imbalances or promote harmony. Discover many flavorful and healthy Ayurvedic recipes for meals and social situations that can be prepared with little effort. **Credits 3 - Clock Hours 45**

HB301 Setting up a Practice and Final Project Credits The final class consists of an eBook, developing a business plan based on the area where you are going to open your business, designing the client intake paperwork you will use as well as client based research assignment project papers. **Credits 5 - Clock Hours 75**

**Tuition & Fees**
Tuition is based on $54.00 per semester credit hour.

<table>
<thead>
<tr>
<th>Program</th>
<th>Registration Fee***</th>
<th>Program's total Credit Hours</th>
<th>*Textbooks and Materials</th>
<th>Tuition</th>
<th>**Total Cost</th>
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<tbody>
<tr>
<td>Ayurvedic Health Practitioner</td>
<td>$50.00 Non-Refundable</td>
<td>45</td>
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<td>Holistic Health Practitioner</td>
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<td>Holistic Cancer Consultant</td>
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<td>$1,940.00</td>
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**Estimated charges for the period of attendance and the entire program.**
Additional Fee’s, as applicable:
Enrollment/Application (non-refundable) Fee $50 (refundable if NHC denies the admission),
Official Transcript Fee (after first free copy) $15.00
Program Change Fee $200
Credit Transfer $25/credit hour- applicable only if credit transfer approved
Re-entry fee $35
Late Payment Fee $35
Reinstate from Academic or Failure to progress suspension fee $200
Reinstate after probation $200
Per month technology fees are based on a custom calculation when a student needs to exceed their enrollment period.
International books and material- We don't ship any book or material to non-US destinations. International students are responsible for arranging their own books. NHC will provide a book list and students can try to
source the books from Amazon or other retailers before enrolling for the class, course or program. NHC will issue partial refund for the books - to be determined by case by case basis. In all the cases, the receiver is responsible for all the taxes, duties, customs and brokerage fee, if any.

NHC reserves the right to waive any of these fees, except Govt. imposed fees.

**Summary of Tuition Fee with Credit Hour Class: (at the current rate) of 1 Credit Hour: $54.00**

2 Credit Hour Class/Course: $108.00  
3 Credit Hour Class/Course: $162.00  
4 Credit Hour Class/Course: $216.00  
5 Credit Hour Class/Course: $270.00